



SPA MENU





Complete relaxation awaits at this classic and sophisticated spa.
Natural, eco-friendly products and a selection of rejuvenating treatments make the Africology inspired
experience an authentic delight.

AFRICOLOGY[®]
Capturing The Intelligence of Nature

SPA ETIQUETTE

Drostdy Hotel & Spa warmly welcomes you to our spa, and we trust that you will enjoy your every experience with us. Please take note of the following:

All our prices are subject to change without notice. Payments can be made in either cash or credit cards. No cheques will be accepted.

CHILDREN

Please do not bring children to appointments unless the child will be receiving a treatment as well. Please be sure when scheduling as children are not to be left unattended.

CONTRA-INDICATIONS

Please inform your therapist if any of the following conditions apply to you: High Blood Pressure, Muscle or Joint Injuries, Pregnancy

MOBILE PHONES

Please ensure mobile phones are switched off during treatments.

PUNCTUALITY

Please arrive at least fifteen minutes before an appointment. Should you arrive after your scheduled time, your treatment time will either be reduced or forfeited. The original price for the treatment will be charged regardless of duration.

CANCELLATION POLICY

If you need to cancel an appointment, please provide us with six hours' notice, or the full cost of the appointment will be charged.

SPA-TIES

Celebrate your child's birthday in style! Our ideal birthday package is perfect for kids aged 4-12. With a minimum booking of 2 and a maximum of 8, enjoy complimentary milkshake and cake for the birthday child. Spoil your little one with a memorable celebration they'll cherish forever.

PAMPER PARTY

Indulge in our pamper parties, the ultimate relaxation getaway for you and your friends. With a minimum booking of 2 and a maximum of 4, enjoy any combination of two treatments at a 25% discount. Plus, refresh with beverages and snacks from the De Camdeboo Restaurant.

VOUCHERS & GIFTING

Experience the ultimate indulgence with our personalized spa packages, tailored to your desires. Treat yourself or a loved one to the perfect gift voucher, customized to suit individual preferences. Contact our spa to create your dream relaxation experience today.

CASH, CARD & EFT

We accept various payment methods.

INDEMNITY

Drostdy Hotel & Spa and its therapists cannot accept responsibility for injuries, adverse reactions or complications before, during or after treatments, or for theft, damage, loss or accident that occurs on the premises.

KAROO WELLNESS PACKAGES

DROSTDY SIGNATURE PACKAGE 5 hrs R 3320

Experience ultimate relaxation with our comprehensive spa package. Enjoy a full body exfoliation and wrap, followed by a soothing Aroma Oil Massage. Indulge in a healthy lunch and beverage before luxuriating in a hydrating Rose Quartz Facial. Finish with a choice of Classic Pedicure or Manicure. Rejuvenate your body and soul in our serene oasis.

CAMDEBOO CLASSIC PACKAGE 3 hrs R 1750

Unwind with our rejuvenating spa offerings: a tranquil Aroma Oil Massage to melt away stress, followed by a revitalizing Classic Facial for radiant skin. Complete your pampering with your choice of a Classic Pedicure or Manicure, leaving you feeling refreshed from head to toe

KAROO COUPLES ESCAPE 2 hrs R 1220 pp

Indulge in an Aroma Oil Massage and choose between a Classic Pedicure or Manicure for the ultimate relaxation experience.

ULTIMATE R&R PACKAGE 1.45 hrs R 1285

Enjoy an Aroma Oil Massage followed by a Classic Facial for a blissful spa experience.

RERFRESHING TRAVELERS PACKAGE 1.5 hrs R 1115

Experience the soothing Aroma Oil Massage followed by the option to have your hands or feet filed, buffed, and painted for a complete spa indulgence.

FACIAL EXPERIENCES

SIGNATURE KAROO ESCAPE FACIAL 1.5 hrs R 1220

Most facial tension originates from the upper back and shoulder region, this treatment alleviates tension by exfoliation and stress relief massaging rounded off with a refreshing herbal infused facial treatment.

ROSE QUARTZ FACIAL 1 hr R 900

The ancient healing abilities of rose quartz paired with our award-winning rose serum and rhythmic massage techniques will restore the skin's balance and ensure maximum glow.

CLASSIC FACIAL 45 mins R 690

For a radiant boost and an indulgent pick me up, this is an interactive and targeted approach to your specific facial needs.

BODY COCOONING

KAROO SECRETS

Full body exfoliation & wrap	60 min	R 1460
Full body exfoliation, wrap & massage	120 min	R 1800

Inspired by nature, perfected by man! Following a full body exfoliation, our heated aromatic mud will melt into your skin whilst you enjoy a scalp massage and pressure point foot massage. Linger with us by continuing with a full body Swedish massage (safe during pregnancy and breastfeeding).

FULL BODY POLISH

45 min R 585

Perfect on it's own or paired with any of our massages! The rhythmic removal of dead skin cells will ensure a lighter feel and glowing skin.

MOM-TO-BE MASSAGE

MOM-TO-BE MASSAGE THERAPY

60 min R 1115

Indulge in a soothing mom-to-be massage experience, where the comforting touch of skilled hands combines with the gentle power of aromatherapy to embrace your journey towards motherhood. Let the calming scents envelop you, easing away tension and promoting profound relaxation, paving the way for a restful and rejuvenating sleep.

HIMALAYAN SALT SAUNA

Complimentary offering to all spa guests enjoying a treatment. To enjoy full benefits ensure arrival 30min prior to your spa reservation. Please enquire at our spa about the wellness benefits of the Himalayan Salt Sauna.

MASSAGES

SIGNATURE SOUL OF THE KAROO EXPERIENCE

90 min R 1540

The perfect muscle restoration by means of a back exfoliation and heated aromatic mud application. A full body massage comprising of long strokes and kneading will soulfully settle you into the heart of the Karoo...

AROMA OIL MASSAGE	45 min	R 875
	60 min	R 1115
	90 min	R 1400

The healing benefits of aromatherapy will ensure relaxation and deep sleep.

AROMASHEA BALM MASSAGE	45 min	R 770
	60 min	R 1000
	90 min	R 1290

Sheer luxury – craft your own sensory experience from a vast selection of aromashea balms. The aroma lingers for hours to come – your body will thank you!

HOT STONE MASSAGE	45 min	R 870
	60 min	R 1055
	90 min	R 1400

Warm Basalt stones are used to enhance the benefits of traditional massage.

TRAVELER'S SCALP & LEG MASSAGE

45 min R 745

For those traveling, pamper yourself with a revitalising circulation-boosting massage and soothing lower leg wrap.

MANICURE & PEDICURE

SIGNATURE SPA MANICURE 80 min R 585

More than just a manicure, this treatment includes a rebalancing hand soak, exfoliation, bespoke massage, filing, cuticle care and varnishing along with a revitalizing skin wrap and luxurious shoulder massage.

CLASSIC MANICURE 60 min R 480

This classic treatment includes hand exfoliation, filing, cuticle care, varnishing and a nourishing massage.

SIGNATURE SPA PEDICURE 80 min R 745

Advanced heel callus therapy followed by a rebalancing foot soak, exfoliation, bespoke massage, foot filing, cuticle care and varnishing along with a revitalizing skin wrap and luxurious shoulder massage.

CLASSIC PEDICURE 60 min R 570

This classic treatment includes a foot soak, exfoliation, foot filing, cuticle care, varnishing and a nourishing massage.

HEEL THERAPY 30 min R 525

This foot treatment is ideal for diabetics and individuals suffering from cracked heels or excessive hard skin build-up on their feet. We use a scientifically formulated, pain-free treatment to expertly remove any stubborn hard skin without injuring healthy skin in the process.

FILE, BUFF & PAINT 45 min R 235

The perfect option if you simply want to keep your nails groomed, this treatment includes cutting, filing, buffing & varnishing.

KIDS SPA

for children 12 years and younger

LITTLE BESPOKE FACIAL 30 min R 340

An introductory facial treat

COCONUT COCOON 30 min R 400

Relaxing body massage

SLEEPY HEAD & FEET 30 min R 400

For over active children

MINI LAVENDER MANI 30 min R 215

Grooming & nail painting

MINI LAVENDER PEDI 30 min R 215

Grooming & nail painting

